

With your health cash plan

Your **24/7 free and confidential helpline** with Health Assured offers practical information and emotional support for*:

- Financial worries
- Lifestyle issues
- Family and children

And much more

- Bereavement
- Gambling and/or debt
- Legal advice

Call 1800 936 071 and quote your company name and 'Health Shield'.



Download our mobile app

Search 'Breeze: Health & Wellbeing' in your app store to access all your member health benefits on the go.



