



YOUR HEALTH CASH PLAN

Four simple steps to claiming online:



STEP ONE BOOK

Make an appointment with a practitioner that has the qualifications accepted by Health Shield.



STEP TWO PAY

Attend and pay for your treatment or purchase and remember to ask for an itemised receipt.



STEP THREE CLAIM

Submit your itemised receipt online via our Members' Area.



STEP FOUR MONEY

Once approved, your money will be paid back into your bank account.

Go online to make a claim
members.healthshield.co.uk