





MyGymDiscounts

Affordable fitness on the path to better health

With a Select or Tailored Health Cash Plan, you can provide your people with access to the additional benefit MyGymDiscounts. Offering significant savings on gym memberships at over 3,600 locations across the UK, as well as discounts on a variety of digital fitness subscriptions.



Supporting fitness goals and wallets

MyGymDiscounts cuts gym and digital fitness costs, offering savings that make health and wellness more achievable for all.



A wide range of participating gyms

With MyGymDiscounts, members save money while unlocking a variety of fitness options. Enjoy discounts at major gym chains, low-cost operators, independent clubs, and popular digital fitness platforms. MyGymDiscounts caters to everyone's preferences, location, and budget.



5 Helping people kickstart their fitness

MyGymDiscounts supports fitness enthusiasts with affordable options. Whether you're a gym-goer, digital fitness fan, or starting your fitness journey, we've got you covered. Health and wallet-friendly!



Wellbeing **Service**

How to use **MyGymDiscounts**:



Savings

Save up to 25% on gym memberships and 55% on digital fitness subscriptions.



Variety

Choose from over 3,600 locations, covering all major towns and cities.



Flexibility

Enjoy options that suit your location, lifestyle, and budget.



Inclusivity

Discounts are available to partners too.

Our digital wellbeing services, including MyGymDiscounts, are designed to support our members' health. These can be accessed online through a Member Account or via Breeze, our wellbeing app.