

How Health Shield Supports a Cancer-Aware Workplace



Early detection and support can make a significant difference



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By Health Shield's Wellbeing Team

As we all know, cancer is a devastating disease that affects not only those who are diagnosed but also their loved ones and colleagues. Navigating this topic can be overwhelming, but with the right tools and resources, your workplace can become a safe haven for those going through such challenges.

Cancer awareness is incredibly important, whether you or a loved one has been diagnosed with the disease or not. Understanding cancer can bring comfort and clarity during a difficult time, as well as aid in prevention efforts.

So, what exactly is cancer? Simply put, cancer is when abnormal cells grow and divide in an uncontrolled manner, potentially invading and damaging healthy tissue in the process. These cells can form tumours and spread to other parts of the body, leading to various health complications.

While the thought of cancer can be frightening, it's important to know that there are resources available for support and treatment. By educating ourselves on this disease, we can better recognise the warning signs and work towards a healthier future.

Tips for Employees

Receiving a cancer diagnosis is an understandably daunting and complex experience, one that demands utmost empathy and support. If you find yourself confronting this challenging situation, please know that there are established pathways to help you navigate through.

We highly recommend reaching out to trusted and well-known healthcare networks like NHS, Macmillan, or Cancer Research. These organisations have a wealth of resources and expertise to guide you. They can offer essential advice, facilitate access to necessary services, and provide reassurance during this challenging period.

In addition to these external networks, we at Health Shield are here for you. We offer extra wellbeing services alongside your Cash Plan that could include support for both your mental and physical wellbeing during this time. Our health cash plans offer money back on everyday healthcare costs, including specialist consultations and scans, as well as alternative therapies to support relaxation and self-care.

Early Detection with SkinVision

Early detection is essential when it comes to fighting cancer, especially skin cancer. With SkinVision, a user-friendly app that comes with Health Shield Cash Plan, you can detect skin cancer early and accurately. The app uses advanced imaging technology to analyse skin lesions and provide instant results. The technology is proven to be more accurate than a GP at diagnosing skin cancer, and results are reviewed by dermatologists.

By taking advantage of the app, you can identify potential skin cancer early, leading to higher chances of successful treatment. The process is simple, quick, and hassle-free, allowing you to detect cancer or get reassurance that any moles or skin blemishes are harmless in minutes using your smartphone. With SkinVision and early detection, you can ensure the best possible outcome in the fight against skin cancer.

Supporting Mental Health

A cancer diagnosis can take a significant toll on a person's mental health. While coping with the physical effects of treatment and the emotional upheaval of facing a life-threatening illness, patients may also struggle with stress and anxiety. That's why Health Shield has partnered with the Thrive Mental Wellbeing app, designed to help manage these difficult emotions.

By offering tools and techniques to improve mental wellbeing, the app can be a valuable resource for anyone dealing with the challenges of a cancer diagnosis. With the support of the Thrive Mental Wellbeing app, patients can find ways to cope with their feelings and maintain a positive outlook throughout their cancer journey.

Quick Access to a Doctor

Having quick access to a remote GP by phone or video chat can be a lifesaver for anyone dealing with or worried about cancer. GP Anytime provides a crucial benefit of being able to contact a medical professional from the convenience of your own home, without the need for travel or waiting times. This can be especially important for cancer patients who are often physically and emotionally drained from their treatment.

With GP Anytime, individuals can receive prompt advice and guidance from a qualified GP, giving them peace of mind and allowing them to focus on their recovery. Knowing that medical support is just a phone call or video chat away can make a world of difference and provide comfort during a difficult time.

A cancer diagnosis can be an incredibly challenging time, both physically and emotionally. Our services are designed to address the various challenges you may face during this difficult time. From early detection and counselling services to manageable healthcare costs and access to remote GPs, we are committed to offering effective solutions. Reach out to us, use our services, and take care of your health in the most holistic sense. With our support, you can navigate this journey with resilience, strength, and the reassurance that you are not alone.

Make the most of your *my*wellness benefits

Don't miss out on the range of wellbeing services included in your health cash plan - access them easily online to support your health.

Discover your benefits

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Got a question about your cash plan?
[Check out our FAQs](#)



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