

Accepted accreditations and qualifications

| Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homoeopathy Benefit | | | | |
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| Physiotherapy | HCPC MCSP SRP | Health and Care Professions Council Members of the Chartered Society of Physiotherapists State Registered Physiotherapists | | |
| Chiropractic | CAI GCC SCA | Chiropractic Association of Ireland General Chiropractic Council Scottish Chiropractic Association | | |
| Osteopathy | CTA/CSTA GOsC RCST | Craniosacral Therapy Association General Osteopathic Council Registered Craniosacral Therapist | | |
| Acupuncture | AACP ATCM/TCM BAcC BAWMA BMAS FTCMP | Acupuncture Association of Chartered Physiotherapists Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine British Acupuncture Council British Academy of Western Medical Acupuncture British Medical Acupuncture Society Federation of Traditional Chinese Medicine Practitioners | | |
| Homoeopathy | BHA FHom HMA LCPH MARH RSHom | British Homoeopathic Association Faculty of Homoeopathy Homoeopathic Medical Association Licentiate of the College of Practical Homoeopathy Member of the Alliance of Registered Homoeopaths Licensed or Registered Member of the Society of Homoeopaths | | |
| Chiropody Benefit | | | | |
| | AChPod BChA FCPod FHP HCPC IOCP/MInstChP LVChC SCP SRCh | Association of Chiropodists and Podiatrists British Chiropody and Podiatry Association Fellow of the College of Podiatrists Foot Health Practitioner Health and Care Professions Council Institute of Chiropodists and Podiatrists Victoria Chiropody Clinic Society of Chiropodists and Podiatrists State Registered Chiropodist | | |
| Specialist Consultation, ECG, X-Ray, Pathology Fees, MRI Scans and Family Planning Benefit | | | | |
| | MRCS/FRCS MRCP/FRCP GMC | Member or Fellow of the Royal College of Surgeons Member or Fellow of the Royal College of Physicians General Medical Council (as Specialist) | | |
| Health and Wellbeing Benefit | | | | |
| Acupressure | ATCM/TCM BAcC BCMA BMAS BRCP IIHHT MAcSAp VTCT | Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine British Acupuncture Council British Complementary Medicine Association British Medical Acupuncture Society British Register of Complementary Practitioner International Institute of Health Holistic Therapists Acupressure Member of the Acupuncture Society Vocational Training Charitable Trust | | |



| Health and Wellbeing Benefit continued | | | | |
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| Allergy Testing and Food Intolerance Testing | BANT BCMA BInstAT CNHC NNA | British Association for Applied Nutrition and Nutritional Therapy British Complementary Medicine Association British Institute for Allergy and Environmental Therapy Complementary and Natural Healthcare Council Naturopathic Nutrition Association | | |
| Aromatherapy Massage | CHP CNHC CThA FHT IIHHT IFA IFPA NVQ/SVQ VTCT | Complementary Health Professionals Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Federation of Aromatherapists International Federation of Professional Aromatherapists National/Scottish Vocational Qualification Vocational Training Charitable Trust | | |
| Bowen/Alexander Technique | BowTech BTAA BTPA/BTER CNHC ECBS IIHHT NVQ/SVQ STAT VTCT | The Bowen Association UK Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust | | |
| Chair Massage | CNHC CThA FHT IIHHT ITEC NVQ/SVQ VTCT | Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust | | |
| Colonic Hydrotherapy | ARCH GPACT I-ACT IPCH RICTAT | Association and Register of Colonic Hydrotherapists Global Professional Association for Colon Therapy International Association of Colon Hydrotherapy Institute of Professional Colon Hydrotherapists Register of Integrative Colon Therapists and Trainers | | |
| Counselling including Cognitive Behavioural Therapy | BABCP BACP BPS UKCP | British Association for Behavioural and Cognitive Psychotherapies British Association of Counsellors and Psychotherapists British Psychological Society UK Council for Psychotherapy | | |
| Hopi Ear Candles | IIHHT NVQ/SVQ TATh VTCT | International Institute of Health Holistic Therapists National/Scottish Vocational Qualification Thermo- Auricular Therapy Association Vocational Training Charitable Trust | | |
| Hot-stone Massage | FHT ITEC NVQ/SVQ VTCT | Federation of Holistic Therapist International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust | | |



| Health and Wellbeing Benefit co | ntinued | |
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| Hypnotherapy | BHA BSCH BSCAH CNHC CThA FHT GHR MHA NCH NHS | British Hypnotherapy Association British Society of Clinical Hypnosis British Society of Clinical Academic Hypnosis Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists General Hypnotherapy Register Member of the Hypnotherapy Association National Council for Hypnotherapy National Hypnotherapy Society |
| Indian Head Massage | CNHC CThA FHT IIHHT ITEC NVQ/SVQ VTCT | Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust |
| Kinesiology | KA KF | Kinesiology Association Kinesiology Federation |
| Manual Lymphatic Drainage | CNHC FHT ITEC MLD UK | Complementary and Natural Healthcare Council Federation of Holistic Therapists International Therapy Examination Council Manual Lymphatic Drainage UK |
| Naturopathy | BNA CNHC GCRN ND NNA | British Naturopathic Association Complementary and Natural Healthcare Council General Council and Register of Naturopaths Naturopathic Doctor Naturopathic Nutrition Association |
| Nutritional Therapy including Dieticians | BANT CNHC CThA FHT HCPC NNA | British Association for Applied Nutrition and Nutritional Therapy Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Health and Care Professions Council Naturopathic Nutrition Association |
| Reflexology | AoR BRA CAR CNHC CThA FHT FPR IFR IIHHT IIR IRI MAR NVQ/SVQ VTCT | Association of Reflexologists British Reflexology Association Clinical Association of Reflexologists Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Federation of Precision Reflexologists International Federation of Reflexologists International Institute of Health Holistic Therapists International Institute of Reflexology Institute of Reflexologist in Ireland Member of the Association of Reflexologists National/Scottish Vocational Qualification Vocational Training Charitable Trust |



| Health and Wellbeing Benefit continued | | | | |
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| Reiki | CNHC CThA FHT RASA RHATS RM/RMT UKRF | Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Reiki and Seichem Association Reiki Healers and Teachers Society Reiki Master/Reiki Master Teacher UK Reiki Federation | | |
| Shiatsu | CNHC IIHHT MrSS | Complementary and Natural Healthcare Council International Institute of Health Holistic Therapists Member of the Shiatsu Society | | |
| Sports/Remedial/Deep Tissue and Pre-natal Massages including Sports Therapy | BASRaT CNHC CThA FHT HND IIHHT IIST ISRM ITEC LCSP LSSM MTI NAMMT SMA SMTO SST STA STO VTCT | British Association of Sport Rehabilitators and Trainers Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Higher National Diploma International Institute of Health Holistic Therapists International Institute of Sports Therapy Institute of Sport & Remedial Massage International Therapy Examination Council London and Country Society of Physiologists London School of Sports Massage Massage Training Institute National Association of Massage and Manipulative Therapists Sports Massage Association Scottish Massage Therapists Organisation Society of Sports Therapists Sports Therapy Association Sports Therapy Organisation Vocational Training Charitable Trust | | |
| Swedish Massage | FHT ITEC NVQ/SVQ VTCT | Federation of Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust | | |
| Fitness Benefit (£100 Prestige Members) | BASRaT REPS | British Association of Sport Rehabilitators and Trainers Register of Exercise Professionals | | |

This list will be reviewed every year and we can only pay claims for the treatments listed above if they are in your current Membership Plan. The practitioner's qualifications, registration or membership must be relevant to the treatment that they are providing.



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